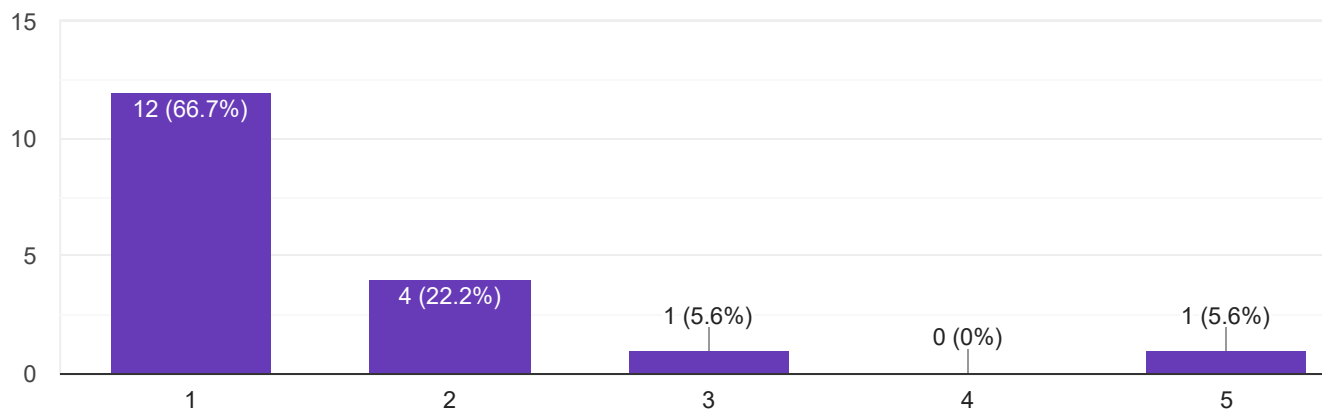


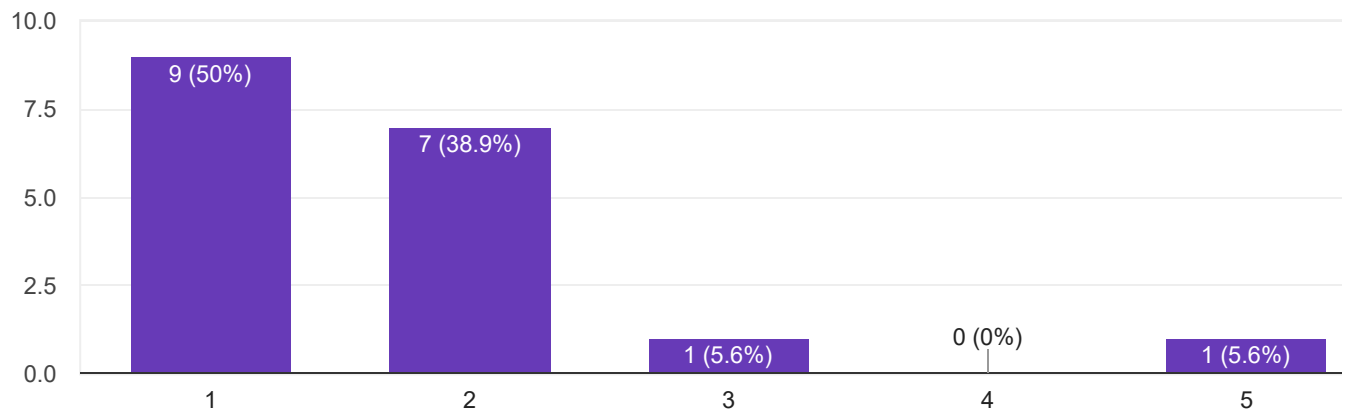
6.1 I understand the idea that the brain is constantly relying on a "best guess" model of the body and the world rather than a precise and correct representation. (Lecture 6.1)

18 responses



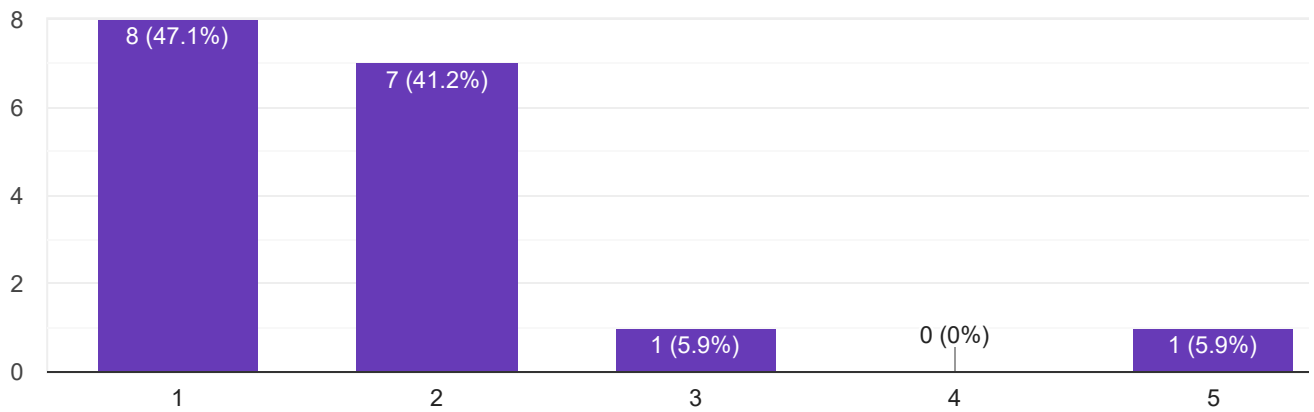
6.2 Understanding that the brain can constantly make gross errors in perception, such as in the rubber hand illusion, is (or will be) an important element of how I describe AT faulty sensory appreciation (Lecture 6.1)

18 responses



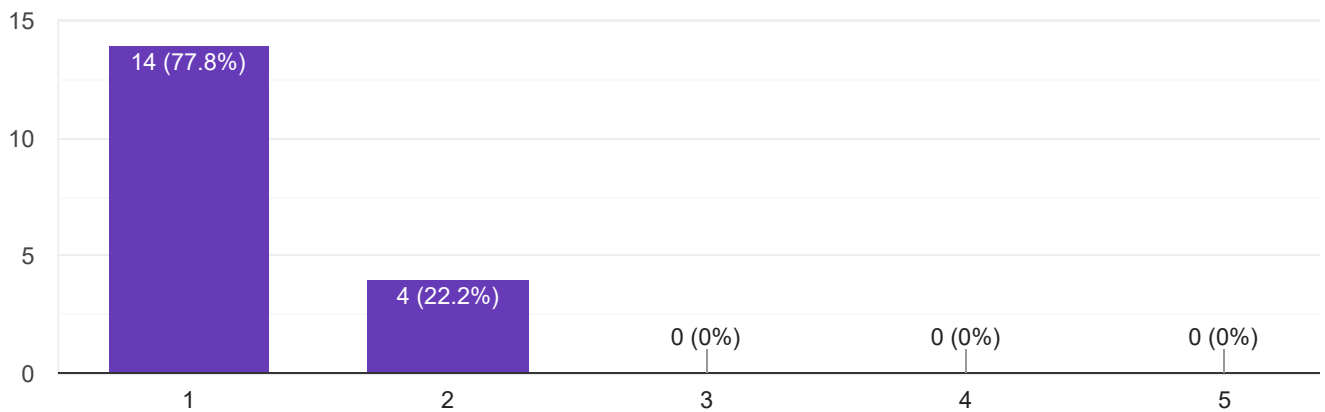
6.3 I have a basic understanding of body schema and some of the diverse roles it plays in moving and thinking.(Lecture 6)

17 responses



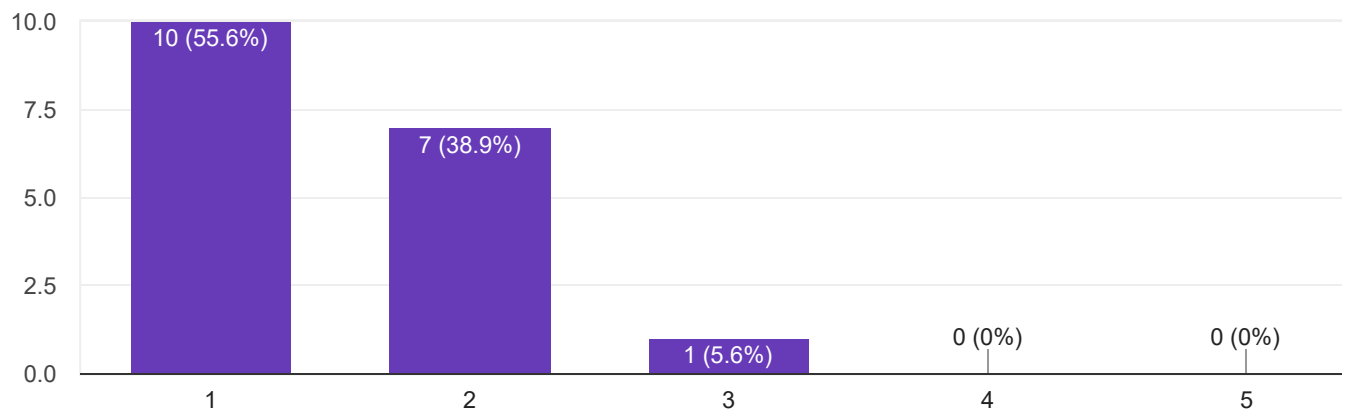
6.4 A basic understanding of body schema and some of the diverse roles it plays in moving and thinking is essential knowledge for AT teachers who are interested in the science of AT. (Lecture 6)

18 responses



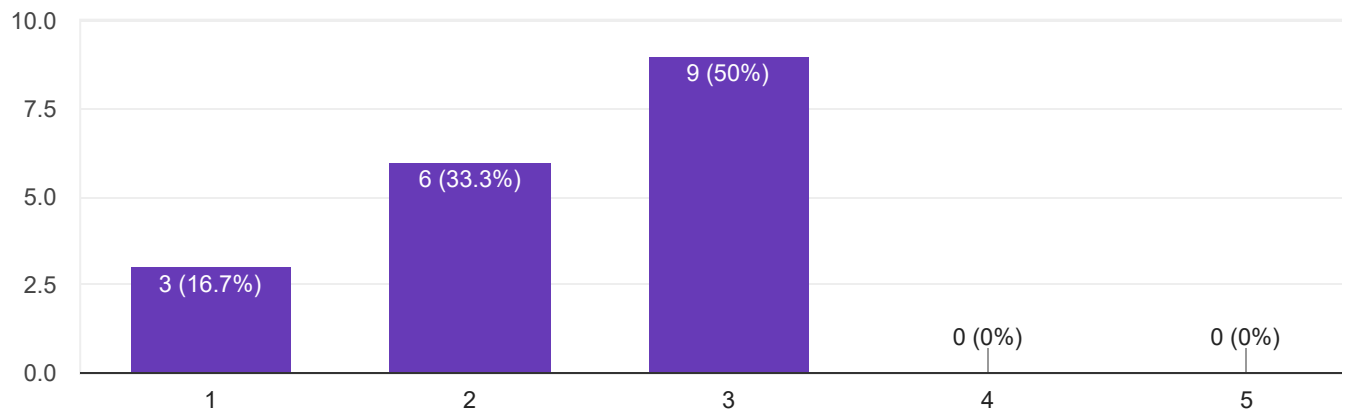
6.5 It is reasonable to assert that conscious interaction with body schema is an important component of AT directing. (Lecture 6)

18 responses



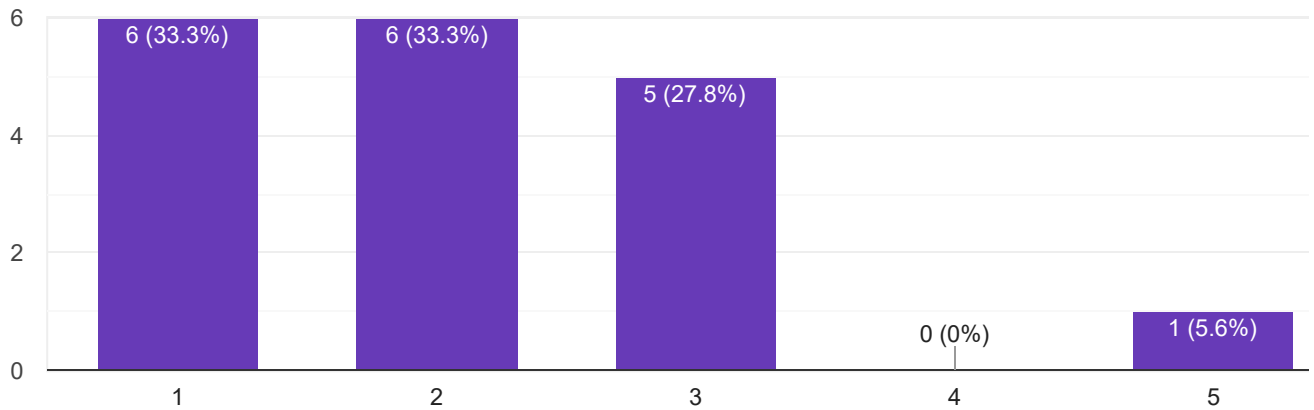
6.6 The AT practice of "Body Mapping" has a positive influence on body schema.

18 responses



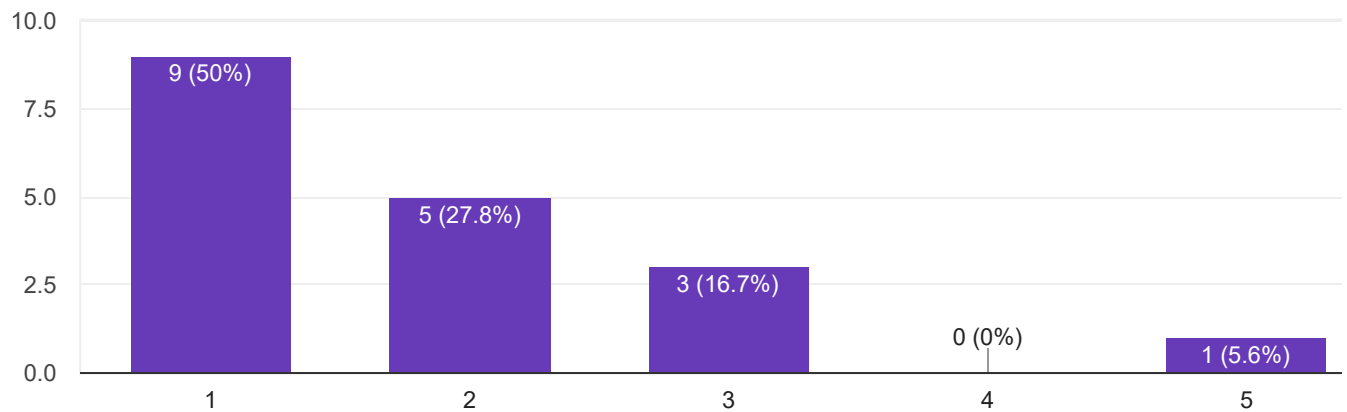
6.7 I understood the experiments about overlapping/shared body schema (Lecture 6.1)

18 responses



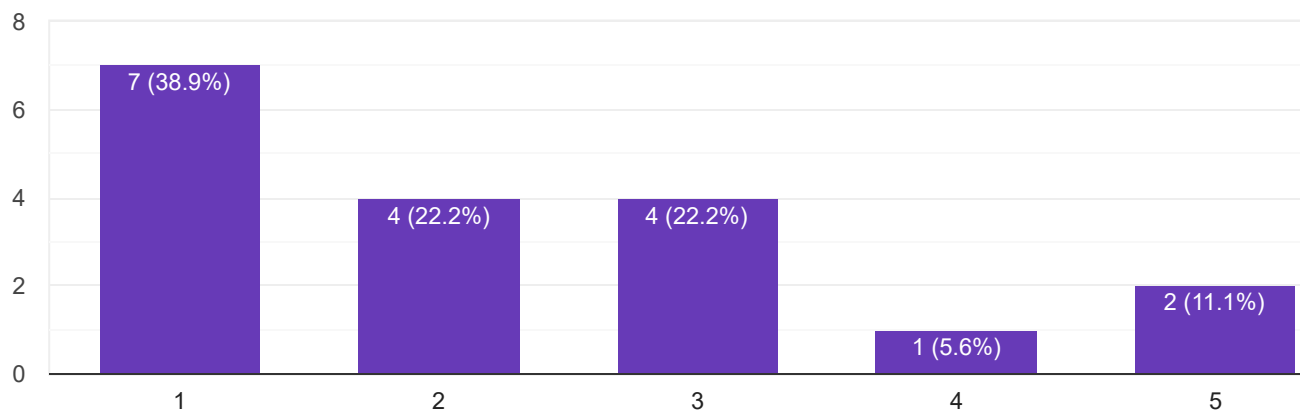
6.8 Overlapping body schema is one reasonable explanation for some hands-on experiences (Lecture 6.1)

18 responses



6.9 The smiling experiment and experiments that correlate things like slumping on mood and self confidence are useful experiments to refer to when discussing the science of AT and mind body interconnectedness. (Lecture 6.1)

18 responses



Do you have any comments about these topics?

5 responses

The Body Mapping I have experienced has been to do with a basic knowledge of where internal organs are. That has its use but I think what you mean by Body Schema is a different thing.

Interesting topic

6.6 I have sidied away from the term 'body mapping' as it is in the general literature.

We are doing so much more with the technique in education of ourselves, and our students. Body mapping as a term has been used over the yeras in a rather vague way. If I accept that it is in the scientific frame of reference then I might use it.

Lecture 6 was the hardest for me to understand it. I am very interested in body schema but the lectures on this topic were too hard for me to follow :(

I'm amazed at just how rich and significant all this information is to me. I notice what a relief I find it to be precise and simple about my AT experience but also to share that with others and to add factual research information into the mix, particularly around body schema. Having myself experienced sudden injury some years ago which traumatised my system and forcibly seriously distorted my relationship with my own body schema (which I had built up over lengthy AT training and experience) I